



Causeway Galveston Presents:

EMPATHY

Empathy is a key part of being a responsible and helpful student and community member. For example, young people who show empathy are less likely to bully. Empathy can also be a route to academic and career success, because it helps people understand and work well with others. Studies show students who have empathy, have:

- More classroom engagement
- Higher academic achievement
- Better communication skills
- Lower likelihood of bullying
- Less aggressive behaviors and emotional disorders
- More positive relationships

Video:

<https://youtu.be/1Evwgu369Jw>

Articles:

<https://mcc.gse.harvard.edu/resources-for-educators/how-build-empathy-strengthen-school-community>

<https://www.edutopia.org/article/4-proven-strategies-teaching-empathy-donna-wilson-marcus-conyers>