



Causeway Galveston Presents:
Social and Emotional Skills:
What to Expect at Different Ages



Students grow and mature at different rates but when it comes to social and emotional skills, there are some behaviors that you should typically see by certain ages.

Age 7-10:

- *More aware of others' perceptions*
- *Try to express feelings with words, but may resort to aggression when upset*
- *Peer groups are lessened to just a few friends*
- *Affectionate, silly, and curious, but also can be selfish, rude, and argumentative*
- *Strengthen cooperative skills*

Age 11 to 15:

- *Introspective, moody, and need privacy*
- *Start to value friends' opinions more*
- *Try different styles and ways to fit in; clothing, music, hair, etc.*
- *Become more self-assured and able to say no*
- *Value and respect rules and authority*

Age 16-18:

- *Strive to be independent and may start emotionally distancing themselves from family*
- *Show pride in succeeding*
- *Interested in dating and spending a lot of time with friends*
- *Manage confusing feelings like anger and rebellion*
- *Move toward self-acceptance*

Resources:

- <https://www.virtuallabschool.org/fcc/social-emotional/lesson-4>
- <https://www.understood.org/en>
- <https://www.scholastic.com/parents/family-life/social-emotional-learning/development-milestones/social-development-11-13-year-olds.html>